

EQUINE AFFAIRE

Holly Mason:
Featured Presenter
and Clinician

Lungeing & Long Reining Demonstration

November 11, 2005

Rinze, an 8 year old Dutch Friesian



Two hands on the lunge line for control



Discussing and adjusting the basic lungeing equipment



Finally quiet, forward and balanced on the outside rein



Working the long reins while explaining the biomechanical principles of equine movement



Heather & Rinze on the long lines to improve control & bending

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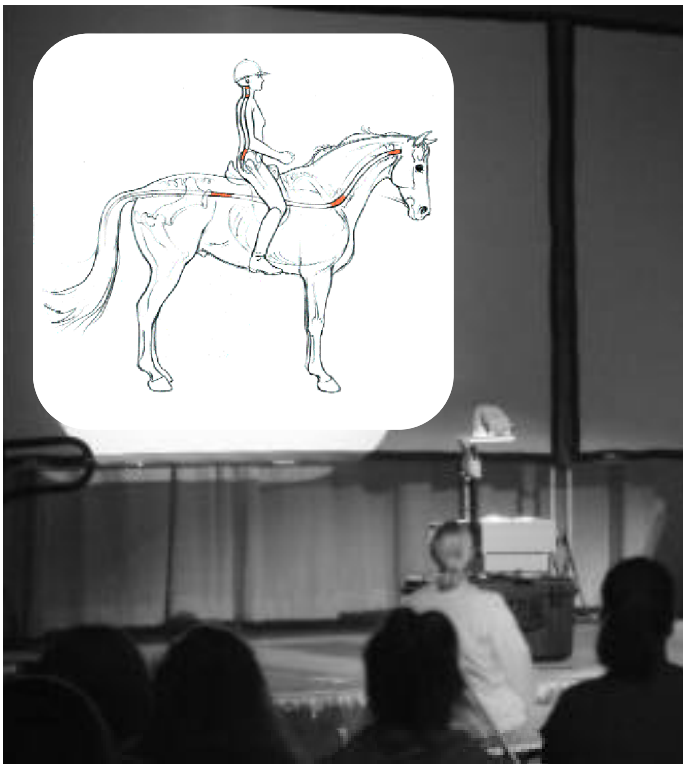
Focus on Flexibility, Part I - Biomechanical Lecture November 12, 2005



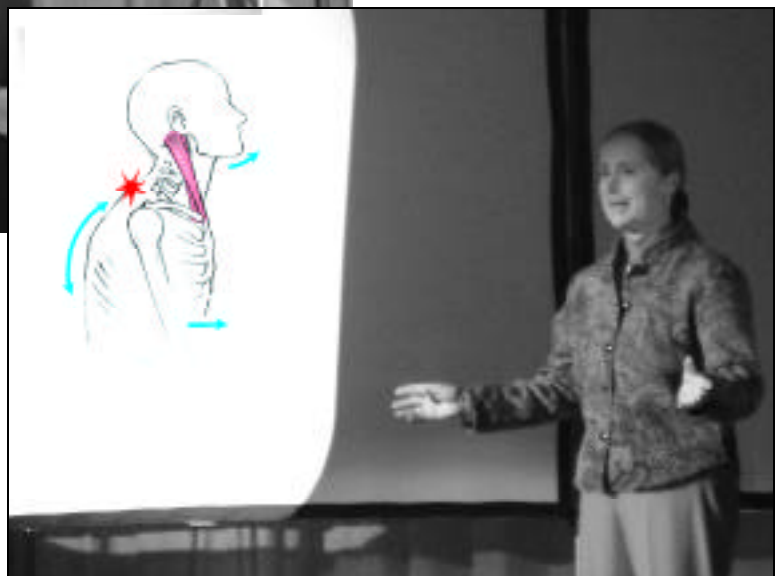
Being introduced to a full house



Explaining the dynamic lengthening of the torso



Discussing the horse's shoulder blades and saddle fit issues



Postural problems in everyday life that will affect you and your horse

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Focus on Flexibility, Part II - Demo with riders
November 12, 2005

Sandy Rabinowitz on Sequoia (9 yr. old Saddlebred)
Ricci Hill on Rodney (11yr. old Belgian Warmblood)



Sequoia releases his poll and jaw to the inside



Sandy engages her lower abs properly for a fluid trot



Sandy and Ricci work on lateral bending using their inner shoulders



Lots of lights, noise and commotion, but it was all great fun